

FEEDING

RED FLAGS

IS YOUR CHILD A CANDIDATE
FOR A FEEDING EVALUATION?

MAY BE - IF ANY OF THE FOLLOWING ARE PRESENT

- ✿ Ongoing poor weight gain rate, or weight loss
- ✿ Ongoing choking, gagging or coughing during meals
- ✿ Ongoing problems with vomiting
- ✿ More than once incident of nasal reflux
- ✿ History of a traumatic choking incident
- ✿ History of eating and breathing coordination problems, with ongoing respiratory issues
- ✿ Parents reporting child as being “picky” at 2 or more well child checks
- ✿ Inability to transition to baby food purees by 10 months of age
- ✿ Inability to accept any table food solids by 12 months of age
- ✿ Inability to transition from breast/bottle to a cup by 16 months of age
- ✿ Has not weaned off baby foods by 16 months of age
- ✿ Aversion or avoidance of all foods in specific texture or nutrition group
- ✿ Food range of less than 20 foods, especially if foods are being dropped over time with no new foods replacing those lost
- ✿ An infant who cries and/or arches at most meals
- ✿ Family is fighting about food and feeding. Meals are a battleground
- ✿ The child is difficult for everyone to feed
- ✿ Parents stressed about eating and in need of extra supports

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